

THE VALE NEWS

Feb. 4, 2009

Vol. 33 Issue No 26

World Understanding- a time to highlight our goal of world understanding and peace

Club Calendar & Speaker Assignments

February 11 Dave Koepele - Exchange Student - Sebastian
18 Assembly Meeting
25 Joe Goldstein - John Hoffman - Direct Aid International
March 4 Bruce Bertholon
11 Henri Borel
18 Bob Holden - Taxes
25 Dinsmore Fulton - Classification Speech
April 1 Dave Ruane - Gary Avery re I.D theft presentation

Editor's Note: Please inform Wini (496-6710) of the name of your speaker at least 2 weeks in advance. If you can't get a speaker for that date, please try to trade with another person on the list.

Birthdays - Mike Kelley - 2/8
Anniversaries - none this week

Meeting News

Only 31 attendees today, including guests Amy Bolger, our speaker from the Northeastern Vermont Area Health Education Center and Vern Pennor, from the Rotary Club in Annapolis, MD

Vern told us his club was tired of selling raffle tickets and raised \$50,000 by providing security at the football stadium. They needed 60 volunteers from their club of 100 members to accomplish this. Our club would have to get the help from our spouses to reach that number.

Art Conway stood in for Ken this morning, even wore a jacket for the occasion.

Announcements

Our club received a Thank you note for our donation to the Riding Academy for autistic children.

Dave Koepele drove Jim Leyton and Caryn Crump to the District Team Training Seminar last Saturday at Dartmouth-Hitchcock. They all felt it was worth the trip.

Rich asked for help to cook and serve food at the VASS ski race on Feb. 22nd.

The Williston Rotary Club is running their annual Ski Challenge Race at Bolton on Friday, March 6th. Heli will form teams to represent our club. This is always a fun affair; gives us a chance to sell YBYI tickets at the awards dinner following the race.

You-Bet-Your-Ice

John Hale needs more members to get sponsors for the YBYI Raffle. So far there are 12 sponsors confirmed. Deadline for the names of all sponsors is this weekend (in order to publish them in the V.R.)

He is also asking people to sign up to sell tickets in front of Mehurons and Shaws for the next 6 weeks starting in this weekend. Jim Leyton has signed up for the 4-5 shift every Friday. Outhouse will be placed on the pond after the meeting today. Camera needed.

Editor's note: When I drove by the pond at noon, the Outhouse was up.

Mega Bucks - \$165 for the winner. Dave Koepele had his chance today - drew the 4 of hearts.

Happy Bucks

Rich \$1 for no treatments until March, \$1 Reader's Digest article, \$1 for receiving \$1,500

Monk - Shoulder OK, now he is back on the slopes of MRG

Rosemarie - So many other people getting to ski

Karl - Evening at Timbers a success

Al Barillaro found 25¢

Sissy - Family visiting - enjoying good skiing

Bob Holden - Trip to Ithaca

Stan - Relieved that he has to listen to Rotary sing only once a week

Jack Miner and Dave Koepele enjoying the great weather and snow

Peter - Hasn't found anything more effective than handing out tickets, but he is trying.

John Hale - Peter will be helping to put the Outhouse on the pond right after our meeting this morning.

Rich - Talking to Chuck Allen who wants to try skiing next week.

PROGRAM

Sissy Walker introduced Amy Bolger, the executive director of Northeastern Vermont AHEC (Area Health Education Center).

Amy said she was Happy to be here. Her organization serves 12 locations in our state. She lives in Moretown and we are in her territory. Nationwide they have 164 centers. They were created in 1971 after a Federal Crisis in Health Care.

In urban centers there are a sufficient number of physicians but rural areas have a difficult time recruiting doctors. In Vermont the population is aging, making more complex problems for internal medicine in outpatient sections.

They all work with academic institutions to supply and distribute medical practitioners. They serve as a bridge between educational institutions. They find out what particular needs there are in a community and collect data to obtain grant money. They help medical centers to share data and network. They look for gaps where they can connect an individual for a particular medical treatment.

For instance on April 16, 2008 they held a Rural Health Symposium to celebrate and explore Rural Practice - its quality and survival. The purpose was to: Discuss challenges and rewards of daily work, identify common problems in rural health care, confer with experts on clinical updates, share knowledge and experience with medical students and residents and celebrate rural practice.

Each year they run a MEDQUEST CAMP. In 2009 they will run a Health Careers Exploration Camp for 9th and 10th grade students from Northeastern and Central Vermont.

The program goals are: Explore a variety of careers and opportunities in health care; Provide the opportunity to shadow health care professionals in their work setting; Strengthen skills and resources for health career development; Experience residential life on a college campus.

All campers and staff counselors will stay in the dorms of the Lyndon State College. The goal is to encourage youths to enter a medical career. The camp will give them a valuable educational pre-professional experience.

In the past, about 50% of the students go on to a medical career.

St. John's Academy teaches a course on how to be a volunteer and then places people where needed. The students put in 50 hours of service each.

At present we have only one doctor serving our Valley. Jim Leyton asked what they are doing to help us. She replied that they have two students at present working with Dr. Cook.

She pointed out that the average medical graduate owes \$160,000 and most go on for more medical training and more debt. Thus medical students need money.

We need medical practitioners to stay here and bring the best medical care to Vermont.

Another goal is to teach people in our area with chronic conditions to go to workshops and learn how to survive. The workshops last three weeks and she is looking for volunteers to supply housing for the students.

Wini's confession: After Torger died in Dec. 2005, I bought a cell phone and carry it with me all the time in case I have to call 911 or AAA. During the meeting its battery needed charging and it kept 'dinging' until I got home.

THE FOUR WAY TEST

of the things we think, say or do:

- 1) Is it the Truth?
- 2) Is it Fair to All Concerned?
- 3) Will it Build Goodwill and Better Friendships?
- 4) Will it be Beneficial to All Concerned?

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PO Box 267, Waitsfield, VT 05673

Club Officers:

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Past-president	Jack Miner
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Editor - Wini Thorsen

Assistant editors: Valerie Hale and Kate Winchell